

OneAware and FAST Seminar Release

Name: _____ Date: _____
Address: _____
City: _____ State: _____ Zip: _____
Phone : _____ Emergency phone: _____

Please list any handicaps or limitations that would preclude full participation in this course. _____

I, _____, do hereby release David Hall and Bob Swartz and Hampshire Hills and all parties involved with the teaching of this Awareness and protection course, the training of its instructors, and any members and representatives of this course or the location in which this course is taught, from any personal injury, emotional or bodily harm sustained or suffered by me during, arising out of, or as a result of any activity associated with this course..

I further, release said individuals and company from all claims of liability for any property or valuables, lost, mislaid, or stolen.

I do not have, to my knowledge, any physical condition or disability that would preclude my participation in this program. I understand the terms above and accept complete responsibility for my health and well-being in this program.

Please initial the following:

_____ I understand that this Program involves active participation on my part. Participants will be engaged in moving and striking. Safety equipment is used but nevertheless there is a risk of injury from falls or inadvertent moves. I take full responsibility for my own safety in this course.

_____ I understand that, given the nature of this course, there will be profanity and language that may be personally offensive to me. I understand the need for such language in the context of the material presented and agree to its use within the course.

_____ I understand that the training provided in this course will in no way guarantee that I will be impervious to an assault or attack of any kind. The above named organizations and their instructors and employees will not be held liable for any damages or injuries sustained in an actual self defense situation.

_____ I understand that, depending on my personal history, participation in this course may be an emotionally traumatic experience that lasts beyond the confines of the course. I have available resources I can call on for emotional support should the need arise.

_____ I understand that at any time during the course, I am free to stand aside and not participate in any activity or part of any activity, whether it be for physical or for any other reasons.

I sign this realizing that my participation in this self defense course may subject me to personal injury and bodily harm. I further have read the foregoing and fully understand the contents of this release indemnity and hereby accept and agree to the terms, conditions and provisions written here.

_____ I understand that these techniques are strictly for the use of self defense. I will only use these physical techniques to defend against someone who is directly threatening my life with deadly force.

Signature: _____

Signature of guardian if under 18 yrs old: _____

Date: _____